Food Skills Video Application

Food First NL and its partners are currently looking for seniors from across the province to show us their food skills for a series of short educational videos! These videos will capture the rich food knowledge, skills, and traditions of Newfoundland and Labrador seniors so that they can be celebrated & enjoyed for years to come.

Food First NL will be travelling to the communities of selected seniors to film the videos in June, July, and August 2017.

You can nominate yourself, or nominate a senior that you know! A small honorarium is available for participation.

1. **Name:**

2. **Address:**

3. **Phone Number:**

4. **E-mail (if applicable):**

5. **What food skill(s) would you like to show us in a video? (For examples, please see Appendix A).**

6. **Are you available in June, July and/or August for filming?**

Thank you for your interest in our food skills video series. **Please return this form by Friday, June 2nd** by email to jennifer@foodfirstnl.ca or by fax to 709-237-4231 or drop it off in person to the Food First NL office at 44 Torbay Road Suite 110 in St. John's**.** Feel free to contact Jennifer Wood with questions or comments at jennifer@foodfirstnl.ca or 709-237-4026. We look forward to hearing from you!

Appendix A:

Sample Food Skills for Demonstration in Video Series

- Gardening
- Composting
- Seed Saving
- Picking Edible Wild Plants
- Using Culinary Herbs
- Preparing Local Vegetables
- Canning/Bottling
- Using Root Cellars
- Others?